



# gluten free

Apple Vacations surveyed more than 500 hotels and resorts about their restaurant menus and snack options. If you're a gluten-free eater, check out these resorts!

## ARUBA

Aruba Marriott Resort & Stellaris Casino 🍷  
Riu Palace Aruba 🍷

## BAHAMAS

Riu Palace Paradise Island 🍷 PLUS

## CANCUN

Beach Palace 🍷  
Dreams Cancun Resort & Spa 🍷  
Fiesta Americana Condesa Cancun 🍷 PLUS  
GR Caribe by Solaris Deluxe Resort 🍷  
GR Solaris Cancun 5  
Great Parnassus Resort & Spa 🍷 PLUS  
Hard Rock Hotel Cancun 🍷  
IBEROSTAR Cancun 🍷  
Isla Mujeres Palace 🍷  
Live Aqua Cancun 🍷  
ME Cancun by Melia 🍷  
Royal Solaris Cancun 🍷 PLUS  
Sun Palace 🍷

## COSTA RICA

Hilton Papagayo Costa Rica Resort & Spa 🍷  
Hilton Riu Guanacaste 🍷

## COZUMEL

Cozumel Palace 🍷

## CURAÇAO

Curaçao Marriott Resort & Emerald Casino 🍷  
Hilton Curaçao 🍷

## DOMINICAN REPUBLIC

Casa Colonial Beach & Spa 🍷  
Gran Bahia Principe Cayo Levantado 🍷  
Gran Bahia Principe Bavaro 🍷  
Hard Rock Hotel & Casino Punta Cana 🍷  
Hotel Catalonia Bavaro Resort 🍷 PLUS  
Hotel Catalonia Gran Dominicus 🍷  
Riu Palace Punta Cana 🍷 PLUS  
Melia Caribe Tropical Resort 🍷  
Ocean Blue 🍷  
Paradisus Palma Real 🍷  
Riu Bachata 🍷 PLUS  
Riu Bambu 🍷  
Riu Merengue 🍷  
Riu Palace Bavaro 🍷  
Riu Palace Macao 🍷 PLUS

## HAWAII

Fairmont Kea Lani 🍷  
Four Seasons Resort Hualalai 🍷 PLUS  
Four Seasons Resort Lana'i at Manele Bay 🍷 PLUS  
Four Seasons Resort Maui at Wailea 🍷 PLUS  
Halekulani 🍷 PLUS  
Kauai Marriott Resort on Kalapaki Beach 🍷  
Sheraton Kauai Resort 🍷  
The Kahala Hotel & Resort 🍷  
The Fairmont Orchid, Hawaii 🍷  
The Kahala Hotel & Resort 🍷  
The St. Regis Princeville Resort 🍷 PLUS  
The Westin Ka'anapali Ocean Resort Villas 🍷  
The Westin Maui Resort & Spa 🍷  
The Westin Princeville Ocean Resort Villas 🍷  
Turtle Bay Resort 🍷  
Waikoloa Beach Marriott Resort & Spa 🍷

## IXTAPA

Barcelo Karmina Palace Deluxe 🍷 PLUS

## JAMAICA

CocoLaPalm a Seaside Resort 🍷  
IBEROSTAR Grand Hotel Rose Hall 🍷  
Secrets Monetgo Bay 🍷

## LOS CABOS

Fiesta Americana Grand Los Cabos Golf & Spa Resort 🍷  
Hilton Los Cabos Beach and Golf Resort 🍷  
ME Cabo 🍷 PLUS  
Secrets Marquis Los Cabos 🍷  
Sheraton Hacienda del Mar Resort & Spa 🍷 PLUS  
Villa del Arco Beach Resort & Grand Spa 🍷 PLUS  
Villa del Palmar Beach Resort & Spa 🍷  
Villa La Estancia 🍷

## PANAMA

Trump Ocean Club Panama 🍷

## PUERTO RICO

San Juan Condado Plaza 🍷

## RIVIERA MAYA

Dreams Tulum Resort & Spa 🍷  
Hard Rock Hotel Riviera Maya 🍷  
Moon Palace Golf & Spa Resort 🍷 PLUS  
Omni Puerto Aventuras Beach Resort 🍷  
Paradisus Playa del Carmen La Perla 🍷  
Paradisus Playa del Carmen La Esmeralda 🍷  
Playacar Palace 🍷  
Riu Palace Riviera Maya 🍷 PLUS  
Riu Tequilla 🍷  
Secrets Capri Riviera Cancun 🍷  
Secrets Silversands Riviera Cancun 🍷  
Valentin Imperial Maya 🍷  
Zoëtry Paraiso de la Bonita 🍷 PLUS

## ST. LUCIA

Anse Chastanet 🍷

## ST. MARTIN

Radisson Blu Resort, Marina & Spa St. Martin 🍷

## ST. THOMAS

Bolongo Bay Beach Resort 🍷

## VALLARTA

Barcelo Puerto Vallarta 🍷 PLUS  
Buenaventura Grand Hotel & Spa 🍷 PLUS  
CasaMagna Marriott Puerto Vallarta Resort & Spa 🍷  
Dreams Villamagna Nuevo Vallarta 🍷  
Hard Rock Hotel Vallarta 🍷  
Holiday Inn Puerto Vallarta 🍷  
Melia Puerto Vallarta 🍷  
Riu Jalisco 🍷 PLUS  
Riu Palace Pacifico 🍷  
Riu Vallarta 🍷  
Sheraton Buganvillas Resort & Convention Center 🍷 PLUS  
Villa del Palmar Flamingos Beach Resort & Spa 🍷 PLUS  
Villa La Estancia 🍷  
Villa Premiere Hotel & Spa 🍷